

LIVERHEALTHY

Arizona Liver Health now offers a clinically supervised program supported by your insurance*. By combining your physician's expertise with the latest advancements in technology, we can improve your health with an easy step-by-step program designed specifically for you.



Your provider has recommended this program to ensure fast improvement

Your provider has recommended this program for you to protect you from risks associated with liver disease. One of our Clinical Care Navigators will coach you through the journey, connecting as often as needed to ensure you remain on track.



Clinically Supervised Weight Loss

Did you know that fatty liver is a dangerous condition with few symptoms that can cause serious complications like cirrhosis, cancer, and increased mortality? We have made the program very simple knowing weight loss is a struggle for many. First we conduct a phone meeting between one of our clinicians and you to go over the program and how it works. We send you a scale that connects using a cellular network. Just turn it on, and we will begin receiving information from your home.

*Insurance support varies by payer and plans. Current coverage includes Medicare, United, Aetna.





Don't Do This Alone -Let Us Help You Improve Your Health



Help in following provider orders



Record activity and progress towards goals



Monitor and alert on your biometric readings



Intervene as necessary



We can achieve lasting benefits together Our program includes:



Phone calls with our clinical staff.



Your provider is always informed of your progress. Your medical conditions are monitored throughout the process.



Formal assessment and follow-up through your provider.



A scale with cellular capabilities to deliver daily weight information.



Development of an individual plan with an emphasis on your weight loss goals, nutritional education and realistic timeline.



Scan the code to get started





Dietitian consultation for potential modifications to diet and lifestyle.

What You Need To Do To Get Started



Discuss the program with your provider or you can start by calling (480) 608-2332 to enroll today.



Plan for a conversation focused on improving you current health habits



Set a delivery for your scale.



Begin the program.

